### **SANGAMON COUNTY**

#### **AUTISM SERVICES:**

#### **Dynamic Behavioral Services, Inc.**

1605 Sidener Hall Chatham, IL 62629 217-381-8487

Services include: ABA Therapy, Occupational Therapy, Toilet Training and Teenage & Adult Services as well as Group Programs for residents in central Illinois.

#### Skill Sprout - Springfield

2035 W. Iles, Suite C Springfield, IL 62704 217-726-1946

Services include: Screenings, Autism Diagnostic Services, ABA Services, Occupational Therapy, Speech and Language Therapy, Physical Therapy, Developmental Therapy, Pediatric Counseling, Parent Training and Support Services, Summer Autism Programs, Early Intervention Services.

#### The Hope Institute for Children and Families

15 East Hazel Dell Lane Springfield, IL 62712 217-585-5437

Services include: vocational program, residential program, school and clinic

### The Autism Clinic at The Hope Institute (TAC)

5220 South 6<sup>th</sup> Street (Noll Medical Pavilion) Springfield, IL 62703 217-525-8332

Services include: Screening and Diagnostic Evaluation, ABA Therapy and Speech/Language services, Autism Resource Room, Parent Training and Support, Group Programs

#### **MENTAL HEALTH SERVICES (CHILDREN):**

### **Memorial Behavioral Health Child and Youth Services**

Serving Springfield, Jacksonville and Lincoln The Children's Center – Springfield Noll Medical Pavilion 5220 S. 6<sup>th</sup> Street Springfield, IL 62703 217-757-7700

#### **SIU Department of Child and Adolescent Psychiatry**

Dr. Pamela Campbell, Chair Noll Medical Pavilion 5220 S. 6<sup>th</sup> Street Springfield, IL 62703 217-545-6900

#### **CRISIS HELP:**

#### SASS – Screening, Assessment and Support Services:

**CARES** line at 1-800-345-9049

Specialized Family Support Program (SFSP): 90-day program of crisis stabilization, community mental health, and assessment services, developed in response to the Custody Relinquishment Prevention Act. It is a collaborative effort between the Illinois Departments of Healthcare and Family Services (HFS), Children and Family Services (DCFS), Human Services (DHS), Juvenile Justice (DJJ), Public Health (DPH), and the Illinois State Board of Education (ISBE), designed to identify the behavioral health needs of youth at risk of custody relinquishment and to link those youth to the most appropriate clinical services. Call 217-557-1000 for more information.

<u>Illinois Crisis Prevention Network (ICPN)</u> is a collaborative partnership between Trinity Services and the Hope Institute. Funded by the State of Illinois, ICPN's Support Service Teams (SST) help individuals, families and community providers across the state so that persons with intellectual/developmental disabilities and/or concurrent mental health issues can successfully lice and flourish in the community. (Must be referred for service.)

<u>Mini O'Beirne Crisis Nursery</u> in Springfield, IL strives to prevent child abuse and neglect by providing emergency, temporary care, 24 hours a day, 365 days a year, for children who may be at risk or whose parents are experiencing some type of crisis. Ages birth -6. Call 217-525-6800 for more information.

#### OTHER:

<u>ACCESS Sangamon</u>: Access Sangamon provides transportation for persons with disabilities who are unable to use the SMTD fixed-route bus service. Individuals with disabilities must apply to become eligible to use the service. Visit website or call 217-522-8594 for more information.

<u>Puzzle Solvers</u>: Provides support and advocacy for adults on the autism spectrum. For more information, email info@puzzle-solvers.com.

<u>Special Olympics</u>: Area 17 provides recreational programming for people in the counties of Macoupin, Menard, Morgan and Sangamon. Call 217-544-3023 for more information.

<u>Sangamon County Department of Public Health:</u> provides a host of general health and wellness services for children and families in the county.

Springfield Park District - L.E.A.P: a program of adaptive recreation for individuals with Disabilities. L.E.A.P. programs are specifically designed for individuals with disabilities from preschool through adults. Special populations served include, but are not limited to: learning disabilities, physically impaired, behavior problems, visually impaired, multiple disabilities, or those with any other special needs. Contact Annette Reese, Certified Therapeutic Recreation Specialist, at 217-585-2941for more information.

# STATE RESOURCES

<u>Center for Child Welfare and Education</u> (Northern Illinois University): The Center aims to assist the education and development of children and youth, with special emphasis on those who are educationally at risk including those who have been abused or neglected. Its work contributes to the body of knowledge and influences training and practice to positively affect educational outcomes of these populations.

Central Illinois Service Access, Inc. Serving Christian, Logan, Mason, McLean, Menard, Peoria, Sangamon, Tazewell and Woodford counties in Illinois. CISA provides service coordination and advocacy services to children and adults with developmental delays and/or disabilities of all ages. CISA, Inc. also provides case coordination for participants in the Brain Injury Program through the Illinois Department of Rehabilitation Services. Call 217-732-4731 for more information.

<u>Community and Residential Services Authority (CRSA)</u>: is an interagency group responsible for identifying and addressing barriers facing parents, professionals and providers when trying to get needed services and programs for individuals (through the age of 21) with a behavior disorder or a severe emotional disturbance and their family.

Early Intervention Program: Illinois' Early Intervention program (under the Department of Human Services) works to assure that families who have infants and toddlers, birth to three, with diagnosed disabilities, developmental delays or substantial risk of significant delays receive resources and supports that assist them in maximizing their child's development.

**Equip for Equality:** Equip for Equality is devoted to advocating for the human and civil rights of persons with disabilities in Illinois.

<u>Family to Family Health information Center:</u> The Family to Family Health Information Center is a free service focused on providing healthcare information for families of children and youth with special needs.

Family Matters Parent Training and Information Center: located in Effingham, II. serving all of Illinois except Cook, DuPage, Grundy, Kane, Kendall, Lake, McHenry and Will Counties. The center's mission is to build upon families' strengths, empower parents and professionals to achieve the strongest possible outcomes for students with disabilities, and to enhance the quality of life for children and young adults with disabilities. The center assists parents of children with disabilities to be informed participants in the special education process and IEP process, assist students with disabilities to understand their rights and responsibilities, and supply information to professionals who serve children with disabilities.

Family Resource Center on Disabilities: Chicago's metropolitan area Parent Training and Information Center, serving Cook, DuPage, Grundy, Kane, Kendall, Lake, McHenry, and Will counties. The center provides families of children with disabilities with information, training and assistance. Some of the services they provide are to help families understand the Individuals with Disabilities Education Act (IDEA), make informed decisions about their child's Individualized Education Plan (IEP), obtain appropriate services for their child, and communicate more effectively with school professionals.

## Autism Society of America, Central Illinois Chapter - Resources for Families

<u>Family Support Network:</u> Support and advocacy for individuals with disabilities and their families.

<u>Illinois Assistive Technology Program:</u> The Illinois Assistive Technology Program (IATP) is the state non-profit organization for Assistive Technology (AT) needs, including AAC (Augmentative and Alternative Communication) devices. It provides AT assessments, training, and advocacy. IATP has a loan program for AT devices, a Demonstration Center, a work incentive planning and assistance program, and financial loans.

<u>Illinois Department of Human Services, Office of Developmental Disabilities</u>: is a statewide provider of early intervention, living, day services, in-home supports and other resources for persons with disabilities.

<u>Illinois Chapter of the American Academy of Pediatrics:</u> Provides advocacy, education, resources, projects and e-learning opportunities for families, medical residents and pediatricians in Illinois.

<u>Illinois Children's Mental health Partnership:</u> A partnership committed to improving the scope, quality and access of mental health programs, services and supports for Illinois children.

<u>Illinois Council of Child and Adolescent Psychiatry:</u> Resources and research related to the field of child and adolescent psychiatry – Illinois presence.

<u>Illinois Department of Human Services Division of Rehabilitation Services (DRS)</u>: is a statewide provider of educational, employment, community inclusion and independent living services for individuals with disabilities.

<u>Illinois Department of child and Family Services:</u> DCFS has the primary responsibility of protecting children through the investigation of suspected abuse or neglect by parents and other caregivers in a position of trust or authority over the child.

<u>Illinois Early Intervention Clearinghouse</u>: A clearinghouse of information and materials for parents and providers on early intervention, intellectual and developmental disabilities, including autism. Contains a free Lending Library that can ship books and other materials to your home anywhere in Illinois.

<u>Illinois Lifespan:</u> Illinois Lifespan provides free information and referral services for persons with disabilities.

<u>Illinois Network of Centers for Independent Living (INCIL):</u> Offer a number of services to consumers across Illinois to empower them with the knowledge and skills to make their own life choices and to and pursue their own goals of self sufficiency and full participation in their communities.

<u>Illinois STARnet:</u> provides a variety of opportunities for personal and professional growth for those who touch the lives of young children, ages birth through eight, with an emphasis on children with special needs. STARnet offers many free workshops, podcasts, and webinars as well as stipends to attend conferences and workshops.

<u>Illinois State Board of Education:</u> The Illinois State Board of Education provides leadership, assistance, resources and advocacy so that every student is prepared to succeed in careers and postsecondary education, and share accountability for doing so with districts and schools.

<u>Illinois Yellow Pages for Kids with Disabilities:</u> Resources for special education and developmental disabilities in Illinois compiled by Wrightslaw.

National Alliance on Mental Illness (NAMI) Illinois: NAMI Illinois has a variety of education and support programs directed to individuals living with mental illness, family members, friends, professionals, other stake holders, and the community at large to address the mental health needs of Illinois. NAMI Illinois works to inform the public about mental illness by distributing information about mental illness through every means of communication.

<u>Ounce of Prevention Fund:</u> Programs, research, policy, advocacy and education to ensure that children born in poverty have the best chance for success in school and in life. Serve families of children age birth to five in Illinois.

**Skill Sprout (Illinois locator page)** provides a variety of home-based and clinic services for children with special needs and their families. Services include: occupational therapy, speech therapy, social skills, psychological evaluations, early intervention, free screenings, autism diagnostic clinics, parent training, mental health services and more. Clinic locations are in Bloomington/ Normal, Lombard, Peoria, Springfield and Washington/ East Peoria, IL. Call 1-800-773-1682 for more information.

<u>State of Illinois Developmental Disabilities:</u> To access our service system, you can contact a local coordination agency in your area. These agencies are the "front door" to Illinois' statefunded service system. The Local Coordination Agency will talk with you about the service system and discuss your needs.

<u>Targeting Autism</u> provides support and education to families, educators and librarians on ways to make libraries more accessible and inclusive for individuals with autism.

<u>The Arc of Illinois:</u> Advocates for individuals with intellectual and developmental disabilities throughout their lifetime. Provides resources, training and support to parents in Illinois.

The Autism Program of Illinois (TAP): provides community resources, autism education and training as well as autism services through affiliate partners throughout the state of Illinois. Direct services vary by location but can include: screening, diagnostic evaluation, occupational therapy, speech/ language therapy, social skills training, parent and community training potty training and more. Click here for a locator map to find a service center near you.

The Hope Institute for Children and Families: The Hope Institute for Children and Families provides individualized educational, residential and health services to children ages 5-21 with multiple developmental disabilities, including ASD. Services include: independence learning, therapeutic education, and community transition programs. Additionally, Hope provides community integrated classrooms and vocational skills through collaboration with local school districts.

<u>Think College Illinois:</u> State chapter of the national organization that creates inclusive post-secondary educational opportunities for students with intellectual and developmental disorders. Information and resources for parents, educators and self-advocates (students).

# NATIONAL RESOURCES

<u>American Academy of Pediatrics:</u> Resources on parenting and health issues as well as illness and disability concerns.

<u>American Academy of Child and Adolescent Psychiatry:</u> promotes the healthy development of children, adolescents, and families through advocacy, education, and research, and meets the professional needs of child and adolescent psychiatrists throughout their careers.

Americans with Disabilities Act (ADA): U.S. Department of Justice, Civil Rights Division website contains: Laws/Regulations, Design Standards, Technical Assistance Materials and Enforcement information.

Autism Now: National autism resource and information center.

<u>Autism Speaks:</u> A leading autism science and advocacy organization, dedicated to funding autism research and advocating for the needs of individuals with autism and their families.

<u>Autism Society:</u> A leading grassroots autism organization, working to improve the lives of all affected by autism. Provides the latest information regarding treatment, education, research and advocacy.

<u>Center for Parent Information and Resources:</u> provides a central hub for parent information centers throughout the U.S., (such as Family Matters in Illinois), as well as numerous <u>resources</u> on topics related to families of children with disabilities.

The U.S. <u>Centers for Disease Control and Prevention (CDC)</u>: CDC is committed to continuing to provide essential data on ASD, search for factors that put children at risk for ASD and possible causes, and develop resources that help identify children with ASD as early as possible.

<u>CDC Childhood Developmental Milestones:</u> Expected developmental milestones of childhood development.

<u>CDC National Center on Birth Defects and Developmental Disabilities:</u> Dedicated to helping people live to the fullest. Much of the center's work focuses on protecting people who are especially vulnerable to health risks – babies, children, people with blood disorders, and people with disabilities.

The U.S. Department of Labor <u>Office of Disability Employment Policy:</u> federal government website for information on disability programs and services nationwide.

<u>Family Voices</u>: Family Voices is a national grassroots network, providing families of children with special needs the resources and support they need to make informed decisions, advocate for improved public and private policies, build partnerships among families and professionals, and serve as a trusted resource on health care.

<u>GRASP – Global and Regional Asperger Syndrome Partnership</u>: GRASP is committed to empowering the lives of adolescents and adults living with an autism spectrum disorder by providing community outreach needs and other support services.

# Autism Society of America, Central Illinois Chapter - Resources for Families

<u>Information Connections</u> For Parents of Children with Developmental Disabilities and Chronic Diseases through the Marionjoy Medical Library. Free information centralized in one website with access to up-to-date, reliable, high-quality health information on developmental disabilities with a focus on ADHD, autism, cerebral palsy, Down Syndrome, traumatic brain injury and more.

Interactive Autism Network (IAN): goal is to facilitate research that will lead to advancements in understanding and treating autism spectrum disorder (ASD). IAN is a partnership of the Kennedy Krieger Institute and the Simons Foundation, with partial funding through a Patient-Centered Outcomes Research Institute (PCORI) Award.

<u>Learning Disabilities Association of America (LDA):</u> Advocacy, legislation and resources for parents, educators and professionals.

<u>National Autism Center:</u> Part of the May Institute, the National Autism Center focuses on the promotion of evidenced based practices for ASD. They have a number of resource guides for parents and professionals.

**NOLO:** Legal encyclopedia full of information on family law, disability law and educational law.

One Place for Special Needs: One Place for Special Needs is a national disability resource for families who have children with disabilities. It is a resource where families can make connections with other special needs families and get practical information to help their child at home, school and the community.

<u>Sibling and Leadership Network:</u> Provides siblings of individuals with disabilities the information, support, and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families.

<u>Sibling Support Project:</u> the first national program dedicated to the life-long and ever-changing concerns of millions of brothers and sisters of people with special health, developmental, and mental health concerns. We've published <u>books</u> for and about brothers and sisters, <u>host online groups</u> for teen and adult siblings, and presented <u>workshops</u> on sibling issues internationally and in every state. However, we're best known for helping local communities start <u>Sibshops</u>—lively peer support groups for school-age brothers and sisters of kids with special needs.

<u>TASH:</u> National organization that advocates for human rights and inclusion for people with significant disabilities and support needs – those most vulnerable to segregation, abuse, neglect and institutionalization. TASH works to advance inclusive communities through advocacy, research, professional development, policy, and information and resources for parents, families and self-advocates.

<u>The Arc:</u> National community-based organization advocating for and serving people with intellectual and developmental disabilities and their families.

The U.S. Department of Education's Individuals with Disabilities Education Act (IDEA): IDEA is the federal law that governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities.

<u>Think College</u>: Think College is a national organization dedicated to developing, expanding, and improving inclusive higher education options for people with intellectual and developmental disabilities. Provides training and technical assistance.

<u>Wrightslaw:</u> Parents, educators, advocates, and attorneys come to Wrightslaw for accurate, reliable information about special education law, education law, and advocacy for children with disabilities.	