Program Closure
Activity Boards

Included are alternatives to daily program activities using visual supports. Also included are blank templates to write in your own ideas.

Created by
Grace Brandon, M.S., CCC-SLP/L
Speech-Language Pathologist
Created for IPADDUnite.org
Illinois Parents of Adults with Developmental Disabilities
Instead of Seeing friends

We can try:

- Talking on the phone
- FaceTime or Skype
- Texting
Instead of Seeing friends

We can try:
Instead of volunteering in the community, we can try:

- Help out around the house
- Make a card for a friend
- Volunteer to help a roommate
Instead of

Volunteering in the community

We can try:
Instead of Going to the Health Club

We can try:

- Take a Walk
- Exercise video on YouTube
- Dance to music
Instead of Going to the Health Club

We can try:
Instead of Eating at a Restaurant

We can try:

- Cooking at home
- Watching cooking shows
- Finding new recipes
Instead of Eating at a Restaurant

We can try:
Instead of Shopping at the store

We can try:

- Make a craft with things you already have
- Have a fashion show with clothes you own
- Plan a meal with food you already have
Instead of Shopping at the store

We can try:
Instead of Going to the movies

We can try:

- Watching a movie at home
- Watching YouTube videos
- Make a video on my phone
Instead of Going to the movies

We can try:
Instead of

Going to church or synagogue

We can try:

Pray at home
Read bible or scripture
Sing songs
Instead of Going to church or synagogue

We can try:
Instead of Going to Work

We can try:

- Follow regular morning routine
- Making a schedule and sticking to it
- Being kind and helpful to housemates
Instead of

We can try:
Instead of

Taking breaks at my day program

We can try:

- Noise-cancelling headphones
- Sensory tools
- Personal care
Instead of

Taking breaks at my day program

We can try:
Instead of

We can try: