



Planning For The Future

Resources to help guide families through the process of planning for the future.

Where to start?

The Arc is a great place to start, providing a variety of tools to help each step of the way.

Future Planning from The Arc of US

The Arc's Center for Future Planning® has resources to help people with I/DD and their families create future plans.

<https://thearc.org/our-initiatives/future-planning/>

The Arc Center for Future Planning

Learn details about what future planning entails, guides to help build your future plan with resources to help, see examples of how others have planned, and find help for urgent needs.

https://futureplanning.thearc.org/?_ga=2.157448248.347981663.162992244-88651520.1484748314

This fact sheet was developed for parents and caregivers, to provide access to a variety of resources spanning multiple topics of importance in the future planning process. It is in no way meant to be a comprehensive guide – but a helpful tool to begin the process.

The Arc of Illinois Fact Sheet: Living Options for Adults with Disabilities

Concise information to assist in comparing and contrasting the differences between Medicaid Waiver Services for elderly individuals,

Supportive Living Program for Persons with Medicaid managed care, Medicaid waiver services for adults with I/DD through DHS Division of Developmental Disabilities and Intermediate Care Facilities for Adults with Developmental Disabilities through IDPH.

<https://www.thearcofil.org/wp-content/uploads/2022/08/Options-for-Older-Adults-with-Disabilities.pdf>

Additional Guides & Workbooks:

A variety of resources that have been developed across the United States

Future Planning Workbook - Arizona Developmental Disabilities Planning Council

A “roadmap” workbook designed to be used by individuals with intellectual and developmental disabilities, family members, direct support professionals, and advocacy groups to guide the planning process.

<https://addpc.az.gov/future-planning-workbook-roadmap-our-futures-our-wishes>

Pacer Center Resources on Future Planning

General guide and strategies for creating a Person-Centered Plan.

<https://www.pacer.org/publications/possibilities/planning-your-childs-future.asp>

Sibling Leadership Network – Future Planning Guide

Informative guide for helping siblings of people with disabilities to better understand their role as they navigate planning for their sibling’s future.

<https://siblingleadership.org/wp-content/uploads/2021/01/Future-planning-for-siblings-of-people-with-disabilities.pdf>

Helpful Articles & Documents:

Articles and documents focused on future planning that may be helpful along the way

Exceptional Parent – Financial Planning Resources Page

<https://www.epmagazine.com/blog/category/financial-planning>

Letter of Intent – Rubin Law

A sample Letter of Intent Form

<https://www.rubinlaw.com/resources/letter-of-intent-sample-form/>

Special Needs Alliance

A national alliance of attorneys for special needs planning provides a number of great resources for those who are preparing and navigating the future planning process:

<https://www.specialneedsalliance.org/information-center/>

Free Trustee Handbook

<https://www.specialneedsalliance.org/special-needs-101/free-trustee-handbook/>

Where to Find Professional Help:

A variety of organizations that offer helpful information and listings for professionals providing future planning assistance

Special Needs Alliance

This national organization offers a searchable listing of attorneys who are members of the organization. Illinois list:

<https://www.specialneedsalliance.org/find-an-attorney/illinois/>

Special Needs Answers

“The Academy of Special Needs Planners consists of special needs planning professionals such as attorneys, financial planners and trust officers who provide the highest quality service and advice to persons with special needs and to their families.” A searchable list of Illinois future planning professionals is available here.

<https://specialneedsanswers.com/about-us>

National Academy of Elder Law Attorneys – IL Chapter (NAELA-IL)

“The National Academy of Elder Law Attorneys, Inc. (NAELA) was founded in 1987 as a professional association of attorneys who are dedicated to improving the quality of legal services provided to seniors and people with special needs. The NAELA membership is

comprised of attorneys in the private and public sectors who deal with legal issues affecting seniors and people with disabilities.”

The webpage for Illinois has a Directory for finding member professionals.

<https://naela-il.org/>

Illinois Attorney General Kwame Raoul Legal Assistance Referrals

Statewide resources for pro bono and other legal assistance options.

<https://www.illinoisattorneygeneral.gov/about/probono.html>

For further assistance, please contact the Illinois Life Span Program of The Arc of Illinois during regular business hours at 1.800.588.7002 or via their website at www.illinoislifespan.org.