



## **Your Child has an Autism Spectrum Diagnosis What's Next?**

### **Is your child less than 3 years old?**

Is your child connected to Early Intervention Services? See:

<https://www.dhs.state.il.us/page.aspx?item=30321> Find your local office:  
<https://www.dhs.state.il.us/page.aspx?module=12> (choose Early Intervention from the drop down menu or call 1-800-843-6154

### **Is your child age 3 -5?**

Have you explored early learning programs in your area?

<https://www2.illinois.gov/sites/OECD/Pages/ForParents.aspx#1>

### **Is your child already enrolled in school (age 3 and older) or are you getting ready for school enrollment?**

For help with your child's Individualized Education Program (IEP) see: [Special Education Resources](#) / [Special Education Resources in Spanish](#)

### **Do you have limited resources and need child care before and/or after school? Or on days when school is closed?**

Find resources: <https://www.dhs.state.il.us/page.aspx?module=12> (choose Child Care from the drop down menu) See also:

<https://www2.illinois.gov/sites/OECD/Pages/ForParents.aspx#4>;

<https://www.dhs.state.il.us/page.aspx?item=30355> or call IDHS Help line: 1-800-843-6154

### **Does your child have Medicaid insurance and need therapies outside of school?**

See: [Resources while on a Waiting List](#) / [Resources while on a Waiting List – Spanish](#)

## **Is your child registered on the PUNS?**

The PUNS is a waiting list for Intellectual/Developmental Disability (IDD) Home and Community Based waivers: [PUNS, The Basics](#) / [PUNS, The Basics in Spanish](#)

## **Could you benefit from parent training/support?**

1. The UIC Resource Center for Autism and Developmental Delays or call 312-746-5447 (Chicago -West); or 312-747-8571 (Chicago-South):  
<https://cfl.uic.edu/overview/rcadd/>
2. Rush - Autism, Assessment, Research, Treatment Services (AARTS):  
<https://www.rush.edu/services/autism-care/autism-resource-directory/resources-caregivers/support-groups-autism> , 312-942-0819
3. The Autism Program of Illinois (TAP) -network of four university partners and 11 service providers operating in 20 locations throughout IL:  
<https://tap-illinois.org/> or call: 217-953-0894 x30477
4. The Autism Collective: [Autism Collective – Experts united. Families connected. \(theautismcollective.org\)](#); 844-910-0770 (Peoria)
5. Pediatric Developmental Center, Advocate Illinois Masonic Medical Center; call 872-843-0300 (virtual parent informational series)
6. Autism Spectrum & Developmental Disorders, AMITA Health:  
<https://www.amitahealth.org/find-a-service/neurosciences/programs/conditions-and-treatments/autism-spectrum-and-developmental-disorders> counseling & advocacy for individuals and families
7. The Autism Society: <http://www.autismsociety.org/contact-us>

## **Could you benefit from respite services?**

If you do not receive state services, such as home and community based waiver services, and are in crisis, you may be eligible for a \$500 emergency respite stipend: 866-ILL-RESP (866-455-7477) or you may be eligible for up to 180 hours annually of in-home respite -Contact the IL Respite Coalition: <http://www.illinoisrespitecoalition.org/> at [ilrespitecoalition@gmail.com](mailto:ilrespitecoalition@gmail.com); 866-455-7377. If you are on the PUNS, contact your ISC to inquire about possible respite funding availability while waiting.

