



Your Child has an Autism Spectrum Diagnosis -What's Next?

Is your child less than 3 years old?

Is your child connected to Early Interventions Services? See:

<https://www.dhs.state.il.us/page.aspx?item=30321> Find your local office:

<https://www.dhs.state.il.us/page.aspx?module=12> (choose Early Intervention from the drop down menu or call 1-800-843-6154

Is your child age 3-5?

Have you explored early learning programs in your area?

<https://www.illinoiscaresforkids/>

Is your child already enrolled in school (age 3 or older) or are you getting ready for school enrollment?

For help with your child's Individualized Education Plan (IEP) contact your Parent Training and Information Center: (For Cook, DuPage, Lake, Will, Kane, Kendall, McHenry and Grundy): <https://www.frdc.org>; 312-939-3513; for all other counties see: <https://www.fmptic.org>; 866-436-7842

Do you have limited resources and need child care before and/or after school? Or on days when school is closed?

Find resources: <https://www.dhs.state.il.us/page.aspx?module=12> (choose Child Care from the drop down menu) See also:

<http://www2.illinois.gov/sites/OECD/Pages/ForParents.aspx#4> ;

<https://www.dhs.state.il.us/page.aspx?item=30355> or call IDHS Help line: 1-800-843-6154

Is your child registered on the PUNS?

The PUNS is a waiting list for Intellectual/Developmental Disability (IDD) Home and Community Based waivers: [PUNS, The Basics](#)

Could you benefit from parent training/support?

1. The UIC Resource Center for Autism and Developmental Delays (RCADD): 312-746-5447 (Chicago -West) or 312-747-8571 (Chicago -South); <https://cfl.uic.edu/overview/rcadd/>
2. Rush -Autism, Assessment, Research, Treatment, Services (AARTS): <https://www.rush.edu/services/autism-care/autism-resource-directory/resources-caregivers/support-groups-autism> , 312-942-0819
3. The Autism Program of Illinois (TAP), a network of four university partners and 11 service providers operating in 20 locations throughout IL: <https://tap-illinois.org/> or call: 217-953-0894 x30477
4. The Autism Collective: <https://www.theautismcollective.org> ; 844-910-0770 (Peoria)
5. Pediatric Developmental Center, Advocate Masonic Medical Center; 872-843-0300 (ask about the virtual parent informational series)
6. The Autism Society: <https://www.autismsociety.org/contact-us>

Could you benefit from respite services?

If you do not receive state services, such as home and community based waiver services, and are in crisis, you may be eligible for a \$500 emergency respite stipend: 866-ILL-RESP (866-455-7677) or you may be eligible for up to 180 hours annually of in-home respite. Contact the Respite Coalition: <https://www.illinoisrespitecoalition.org> ; email: ilresptiecoalition@gmail.com; If you are on the PUNS, contact your ISC to inquire about possible respite funding availability while waiting for the PUNS selection.